

The Arc Macon Summer Camp

Camp Dates: Monday - Friday, (August 12-16, 2024)

Program Highlights

Swimming, Boating, Fishing, Crafts, Horseback Riding, Dance, Talent Show, Movies & Games, Minute to Win-It w/Prizes, Zip-line, Boat Rides, Water Skiing and Tubing and RELAXATION.

Departure: 9:30 a.m., Monday, (August 12). Leave from The Arc Macon's parking lot. 4664 Sheraton Drive. **Eat breakfast before you come.** We will have lunch as soon as we arrive at camp.

Return: 1:00 p.m., Friday, (August 16). Back to the same location as departure.

Benefits: You will experience a very gratifying and enriching week that will allow you to help and share your life with adults affected by developmental disabilities. At the same time, you will be helping their parents who need and look forward to this week of free time. This experience is sure to give you new insight and respect for the potential and needs of all people with developmental disabilities.

Location: Camp ASCCA – Jackson Gap, AL

Expenses: None. Lodging, food, snacks, drinks, and supplies are provided.

Transportation: Chartered bus



Requirements: Volunteers must: (1) pass a criminal background check, which The Arc Macon will pay, (2) be at least 18 years old unless accompanied by an approved adult volunteer, (3) be available for the entire camp week (Monday-Friday) including overnight, (4) have a desire to be a friend and companion (not boss) to adults affected by developmental disability.

Food & Lodging: Food is provided and served family style in an air-conditioned dining area. Camp ASCCA is a beautiful campsite with modern, clean facilities; a swimming pool, paved walkways, and covered program areas. Each cabin is air-conditioned and has several rest room and shower stalls. Counselors sleep in the same cabin with participants in their group.

Training/Orientation: Volunteers are required to attend a 2-hour training/orientation approximately 2-weeks before the camp week. The training is usually held on a Sunday afternoon. The first hour is spent going over participant's needs, volunteer responsibilities, camp rules, program plans, and cabin assignments. The second hour the participants and/or their parents/caregivers are present to meet volunteers and discuss what to bring, check-in procedures, etc.

Camper Information: Approximately 75 participants are expected ranging in age from 18 – 75. They will be grouped by age and sex. The range of mental disability will vary from mild to moderate. Some campers take medications, which will be kept and dispensed by medical staff. Participants that have unique medical and/or physical needs will have a personal care attendant with them.

Responsibilities: (1) Treat *all* participants and volunteers with dignity, respect, and courtesy, (2) responsibility for 3-4 individuals, (3) take participants to the health lodge as needed and to meals on time, (4) be a *companion (not a boss)* to the participants in your group, (5) help participants, to the degree necessary, take care of their personal needs (*most participants are self-sufficient but may need verbal reminders and encouragement to shower, brush teeth, change clothes, etc.*) and (6) participate and help at *all* activities (encouraging participation but *not* forcing it).

Please call for more information: Rhonda Newell, Retreat Director, (office) 478-803-1457
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